



nutraMetrix
educational institute

*a non-profit 501(c)3
organization*

Clinical Advisory Board & Faculty

nEI Advisory Board & Faculty

Director of Clinical Education & Research nutraMetrix Educational Institute - Deedra Mason, ND



Dr. Mason is a Naturopathic Physician, emphasizing complimentary approaches to chronic disease. Dr. Mason uses a diverse combination of naturopathic medicine, western botanical medicine, physiotherapy, and conventional medical therapies to recover each individual's full potential for wellness.

She completed her undergraduate work at Pacific University, then began her study of Naturopathic Medicine, graduating from National College of Naturopathic Medicine. While working within her community, through "The Willamette Wellness Community," an outreach project connecting health professionals with their neighborhood, she came to lecture about the benefits of natural approaches to health and healthy aging. She lectures on a wide range of topics, spanning childhood development, healthful aging and nutrigenomics.

Dr. Mason is known in professional circles for her passionate lectures, commitment to quality patient care and the advancement of professional education, both within, and outside her field.

Dr. Mason is proud to be the Clinical Director for the nutraMetrix Educational Institute.

nEI Advisory Board & Faculty

Milan Moore, MD, MPH



Resides in the Seattle Area with his wife, Sandra, where they are the Local Coordinators for the Seattle/Tacoma Area. Father of two boys, with the older son currently a freshman at Harvard

Served 10 years of Active Duty in the US Army, Completing his service as Chief of Orthopedics at Fort Hood, Texas

- Graduate of Yale with Distinction in the Major of Economics
- Medical Doctorate and Masters in Public Health from Harvard
- Board Certified Orthopedic Surgeon and Fellowship Trained Joint Replacement Specialist in Private Practice, Seattle, Washington

nEI Advisory Board & Faculty

Nancy J. Miller-Ihli, PhD



Dr. Nancy Miller-Ihli authored more than 70 publications and 1 patent and wrote a white paper on obesity for the White House, while serving as USDA's National Program Leader for Nutrition for the US. She has 25+ years, research experience funded by NIH, EPA, FDA, NIST (focus: bioavailability)

- Community-based nutrition education
- Nutritional consulting
- Certified Weight Loss Coach

nEI Advisory Board & Faculty

Daniel J. Witkowski, MD



Dr. Dan Witkowski is a board certified Obstetrician/Gynecologist, Certified Nutritionist, and Lifestyle Medicine Physician.

He is the co-founder, with his wife Pamela, of Lifestyle Design MD, a program where they educate individuals, families, and other medical practitioners.

Dr. Witkowski currently practices Obstetrics and Gynecology at Women's Healthcare Associates, in Melrose, Massachusetts and serves as Chairman of the Obstetrics and Gynecology Department at Hallmark Health Systems.

- Certification in Plant Based Nutrition: T. Colin Campbell Foundation, Cornell University, 2012
- Board Certification Obstetrics and Gynecology, 1995
- Internship and Residency: Obstetrics and Gynecology at Sinai Hospital Baltimore, MD, 1993
- Doctor of Medicine: Tufts University School of Medicine, Boston, MA, 1989
- American College of Lifestyle Medicine
- Institute of Lifestyle Medicine
- American Board of Obstetrics and Gynecology,
- American College of Obstetrics and Gynecology, Fellow
- Massachusetts Medical Society
- New England Obstetrics and Gynecology Society

nEl Clinical Faculty

Michael D. Chesner, MD



Specializing in Cardiology, Dr. Michael Chesner provides personalized treatment plans for patients with heart & cardiovascular conditions near Long Beach, NY.

Dr. Michael Chesner graduated from Albert Einstein College of Medicine of Yeshiva University in 1987 before completing a residency in Internal Medicine at Bronx Municipal Hospital Center / Albert Einstein College of Medicine. He then completed a fellowship in Cardiovascular Medicine at North Shore - Long Island Jewish Health System.

Dr. Chesner lives in Long Island with his wife and four dogs. He is the team physician for the Brooklyn Warriors Hockey Club. He is an avid New York Rangers, Mets, Jets, and unfortunately a Knicks fan. Dr. Chesner also enjoys competitive BBQ.

nEI Clinical Faculty

Emitis Hosoda, MD



Dr. Emitis (Emi) Hosoda is Board-Certified in Internal Medicine. She graduated Magna Cum Laude with a degree in Molecular Biology from University of Texas at Austin. She received her Medical Degree from the University of Texas Southwestern Medical Center, where she was elected to Alpha Omega Alpha Medical Honor Society. After an internship in OB/GYN at New York Hospital Cornell Medical Center, she completed her Internal Medicine Residency at Parkland Memorial Hospital, Dallas.

As a board-certified doctor in internal medicine with postgraduate education in holistic health and functional medicine, Doctor Emi's approach to healing is guided by her belief in the body's ability to repair itself. She utilizes the full spectrum of integrative medicine, incorporating conventional, complementary, and allopathic therapies to help people achieve optimal health. Doctor Emi comes from a long lineage of respected physicians and considers it a privilege to serve in the same profession.

nEl Clinical Faculty

Edward Flores, MD



Dr. Edward Flores is a pulmonologist in Conroe, Texas. He received his medical degree from University of Texas Medical Branch and has been in practice for 29 years. Dr. Flores is one of 3 doctors at Conroe Regional Medical Center who specialize in Pulmonary Disease.

Dr. Flores is the proud husband and father to wife, Norma and 4 children.

- Dir Respiratory Therapy- Lone Star College
- Board Certified Internal Medicine
- Board Certified Pulmonary Disease
- Board Certified Sleep Medicine

Rice University

University of Texas Medical School at San Antonio

University of Texas Medical School Fellowship

nEI Clinical Faculty

Stephen E. Mercer, MD, PhD



Dr. Mercer is a physician in private practice in the Princeton, NJ area. He is Board Certified in Dermatopathology and Anatomic Pathology and specializes in the microscopic diagnosis of skin cancers, cutaneous lymphomas, and life-threatening inflammatory diseases of the skin.

Dr. Mercer also has a PhD in Cancer Biology and is a faculty member at Mount Sinai Medical Center in New York City, where he teaches residents and medical students in the Departments of Dermatology and Pathology.

He has contributed over 50 articles and book chapters to the medical literature in the fields of molecular carcinogenesis and novel cutaneous diseases.

Prior to attending medical school, Dr. Mercer earned both a BS in Exercise Physiology and an MS in Human Physiology and published multiple works in the fields of human performance evaluation and enhancement and molecular signal transduction.

nEI Clinical Faculty

Julie Landsiedel, MSN, APRN, FNPc



- Family Nurse Practitioner
- American Academy of Nurse Practitioner Board Certified
- Owner of STEP Wellness in Bismarck, ND
- Certified Low Glycemic Lifestyle Coach
- Emergency Medicine provider for 10 years
- Former Sexual Assault Nurse Examiner (SANE) & coordinator of the Central Dakota SANE Program
- US Air Force & US Army Veteran

Julie specializes in Custom Health Solutions, Preventative Medicine, Corporate Wellness, Low Glycemic Lifestyle Education, ALCAT Food Sensitivity Testing, Nutrigenomic Testing, Energy/Fatigue, Digestive Disorders, and Inflammatory Conditions.

nEI Clinical Faculty

Brian Griffin Brown, DNP



After overcoming a battle with depression and a 390 pound life, Dr. Brown shut down his traditional psychiatric practice to start his own integrative-medicine clinic, allowing him to meet the needs of his clients more deeply, spend quality time with them and get to the root causes quickly.

He has helped thousands of people over thirty-five regain control of their happiness. For years, he practiced the not-so-subtle art of “chemical happiness” with his patients and in his own life. Leading the way by first removing the hold of medications on his own life, he now helps others escape the boxes of a broken medical system. In his book, he teaches people how to get their health back in balance, regain their energy, lose weight, and break through the clutter of misinformation.

He has worked in healthcare since 1992 and received his doctorate in nursing practice and board certifications in family practice and psychiatry and advanced bioidentical hormone therapy. When he isn't working with patients, he enjoys traveling and spending time with his beautiful wife of twenty-nine years, his two daughters, and his amazing granddaughter. He hopes everyone realizes there is hope and they don't have to live a life of misery anymore.

nEI Clinical Faculty

Susan Markowitz, RD



Susan has been practicing as a Registered Dietitian for the past 28 years. Her career began in critical care nutrition, and changed to holistic care as she realized that preventative health was her passion. Susan is married and has three children, Ari, Noah and Abriel.

Nutrition plays a vital role in preventative medicine, and is the foundation for wellness. Catering to a full range of clients both in NJ, as well as other states via telehealth, Susan approaches each patient differently to meet the individual's needs and goals.

A Few of her Specialties:

- General Wellness and Disease Prevention
- Women's Health, Including PCOS, Fertility, Pregnancy & Menopause
- Cardiovascular Disease
- Pre-Diabetes & Diabetes
- Autoimmune Diseases
- ADD & ADHD
- Post-Concussion Syndrome
- Weight Management
- Fibromyalgia and Inflammation
- GI Diseases & Food Sensitivity
- Sports Nutrition